

PreK Division

You are a special group of coaches...

You have agreed to deal with players that may be too excited to think...may be terrified...are unable to follow directions because they have a 2-minute attention span...have no coordination...and perhaps no skill for basketball, as you know it. HOWEVER, we trust you will muster patience and loving arms to make this a positive experience for players and their families. Thank you!!

All the items in the coach book are relevant to basketball...most in much more detail than you will need. So, here are a few pointers just for you!

Your first experience with your team will be on January 20th. You will meet at 8:45 each week at Eel River. You do not have a weekday practice.

- You will meet in the cafeteria each week. There will be a table marked with your team's name on it. Please gather your players at the table (not running in the hallway or cafeteria) and begin to meet them. The first week you will hand out the uniforms and name tags also, so they may begin to change.
- Then, you may proceed to the gym. You will look at the weekly wall schedule to determine your court location. The Court nearest to the entrance is Court 1. You will have about 25 minutes to coach and practice, showing them the court and explaining a game situation. (good luck) Remember your excitement level will help with gaining their attention. Change it up often, only spend a couple of minutes on a skill, be positive, encouraging, & have fun!
- Just before the half hour, you will line up in the hallway by your team roster which will be hanging on the hallway windows. Please line up in the order listed as their names will be called in that order. One coach can go to the middle of the court to give a high 5 and one can stay with the kids as their names are called and they run to center court and then to their bench. The game will begin with everyone in the center court for prayer by the ref.
- Your league will play 5 on 5. You will play four-5 minute periods. Follow the substitution schedule in your coach book. Players on the court may fluctuate due to need of drink, bumped heads & substitutions. Just wing it! We want them to have fun while learning the fundamentals.
- When the game ends, line up your players to congratulate (high-five or knuckles) the opposing team.
- Head back to the cafeteria. As soon as all your players have arrived, spend 5 minutes doing your "take a knee" The lesson is on the app and website under coach resources. Pass out the mats and stickers and collect them again.
- Lastly the game day tag distribution. Make a big deal about how each child was successful. For the first week, allow players to put their tag on their chain. Pass out snack bags. Please let us know if you have any specific questions!