

Fall 2026 Take-A-Knee

Week 1 (This is labeled as Week 8 on the sticker sheet):

Virtue: Thankful

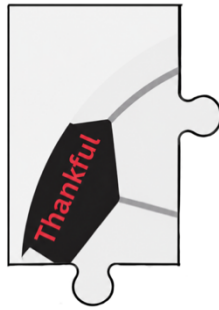
What are you thankful for?

How can we show our gratitude?

Why is a thankful heart important?

Challenge: Tell someone you love that you are thankful for them, and why.

Verse: Give thanks to the Lord, for he is good. His love endures forever. Psalm 136:1 (NIV)



Week 2:

Virtue: Love

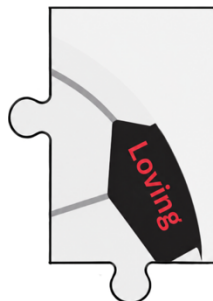
What do you think is the one thing you love most?

How do we show love towards others?

What are ways we can show love to God?

Challenge: Find one way this week you can be intentional about showing love and do your best to show it every day.

Verse: “Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ Matthew 22:37



Week 3:

Virtue: Cooperation

What does it mean to cooperate?

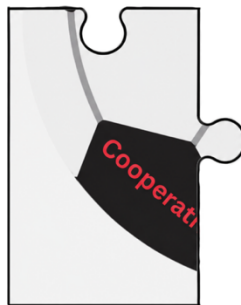
Who are people we should cooperate with?

What makes cooperating hard?

Why is it important to cooperate?

Challenge: Find one way to be cooperative this week at home or at school.

Verse: Two people are better off than one, because they can help each other succeed.
Ecclesiastes 4:9



Week 4: Weeknight Games. No Take-A-Knee

Week 5:

Virtue: Patience

What does it mean to be patient?

What is an example of when you were patient?

Why is it important to be patient?

Challenge: This week, when you find yourself being impatient. Take a deep breath and count to 10. Slow down and practice patience

Verse: Be patient in trouble and keep on praying. Romans 12:12 (NLT)



Week 6: Weeknight Games. No Take-a-knee.

Week 7:

Virtue: Trust

Who is someone you trust?

Why is it important to be able to trust someone?

How can you show others they can trust you?

Challenge: Thank someone you trust for being trustworthy.

Verse: Trust in the Lord with all your heart and lean not on your own understanding;
Proverbs 3:5 (NIV)



Week 8 (This is labeled as week 1 on the sticker sheet):

This is the last week of the season. Ask your players what they learned during this season outside of soccer skills. What life lessons, ways to play with purpose, or opportunities to use the characteristics talked about throughout the season.

Hand out the last puzzle piece sticker.

